

Project Sunshine Phase 2 Overview

Project Sunshine Phase 2 is a 4-month project to develop a Sunshine Community Healing Toolkit. Andrea Winn will develop a highly supportive process for community groups to move through three levels of commitment. Level 1 is simply telling stories. Level 2 is committing to the first step of the Mi'kmaq toolkit. Level 3 is committing to the full 7-step process in the Mi'kmaq toolkit. In addition, the Mi'kmaq toolkit will be adapted to Shambhala Buddhist culture.

The process will be tested and further developed through Andrea working directly with an initial 10 community groups. The lessons learned from these first 10 groups will be integrated into a final version of the Sunshine toolkit, and videos will be produced for easy use by future community groups. A paid post-production manager will oversee integration of the Sunshine Toolkit into the global community.

An international social media forum (not Facebook) will be facilitated by a paid Social Media Coordinator and trained volunteers.

Sunshine Community Healing Toolkit

This is the main product that will be produced to guide local community healing processes.

1. Level 1 Commitment – Story: Gathering to share narrative
 - a. Guidelines for hiring a non-sangha facilitator
 - b. Meeting Facilitator Package
 - c. Outline for 4 meetings for story sharing
2. Level 2 Commitment – First step of the Mi'kmaq Toolkit
 - a. BRAVERY - establishing partners and advisory committee members
3. Level 3 Commitment – The Full Mi'kmaq Toolkit process
 - a. *(BRAVERY - establishing partners and advisory committee members)*
 - b. LOVE - engaging community members
 - c. HONESTY - understanding and promoting community values
 - d. WISDOM - asset mapping (identifying supports and resources)
 - e. TRUTH - carrying out a needs assessment (gathering feedback)
 - f. HUMILITY and PATIENCE - creating an action plan
 - g. RESPECT - implementing response and prevention activities

Production process

1. Adapt Mi'kmaq Community Engagement Toolkit on Sexual Violence
 - a. Adapt for cultural differences for Shambhala Tibetan Buddhist community (2 days)
 - b. Adapt structure (8 days)
 - i. Explore ways to make sequence of modules flexible to meet culturally specific needs of communities

- ii. Explore other structural changes
2. Kick Off Meetings
 - a. Develop structure for Kick Off meeting (2 days)
 - b. Do live Skype Kick Off Meeting with first 10 community groups (4 days)
 - c. Create video for Kick Off Meetings based on first 10 meetings (3 days)
 3. Meeting facilitator support for non-sangha meeting facilitators
 - a. Develop Facilitator Package (22 days)
 - i. Background briefing: Community history, Tibetan Buddhism, specific issues around sexual violence in a Tibetan Buddhist community
 - ii. Research and develop a process for a group to establish common ground and identity
 - iii. Develop a good set of suggested discussion questions
 - iv. Suggestions for facilitating emotionally safe discussions around hot topics like samaya, tantric secrets, the guru relationship, etc.
 - b. Have debrief calls with facilitators for the first 10 community groups after 4 Story Telling meetings = 40 calls (5 days)
 4. Toolkit Generation (11 days)
 - a. Integrate lessons learned from 10 initial groups
 - b. Produce printable Toolkit and videos as a package for all further community groups
 5. Produce a Social Media Sexual Violence Discussion Facilitator Guidebook for Social Media Coordinator and volunteer social media conversation facilitators (2 days)

Staff Management

1. Part-time Social Media Discussion Facilitator/Volunteer Facilitator
2. Accountant
3. Legal counsel
4. Briefing for Post-Production Manager who oversees integration of the Toolkit into the broader community